

## Community Health Centers 5/05/22

ARC Health Resources of Rockland, Inc., 25 Hemlock Drive, Congers, NY 10920 (845) 267-0110							
Days/Hours of Operation:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed	9am - 6pm	9am - 5pm	9 am - 5pm	9am - 5pm	9am - 5pm	Closed
Languages spoken by staff onsite:	English, Spanish, Hebrew						
Insurances accepted:	Medicare, including Railroad Medicare; Medicaid (not Medicaid Managed Care); Third Party Insurance accepted as out of network.						
Sliding fee scale information:	Not offered, however, payment plans possible						
Health services available:	Occupational Therapists, Physical Therapists, Podiatrists, Primary Care, Psychiatrists, Psychologists, Speech Pathologists						

Community Medical and Dental Care, Inc. Monsey Medical and Dental Care 40 Robert Pitt Drive, Monsey, NY 10952 (845) 352-6800							
Days/Hours of Operation:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00am - 4pm	8am - 9pm	8am - 9pm	8am - 9pm	8am - 9pm	9am - 7pm	Nov- Mar 7pm -10pm
Languages spoken by staff onsite:	Yiddish, Hebrew, Spanish, Russian, English, Polish, Creole, Indian/Pakistani dialects Phone interpretation available for all other languages.						
Insurances accepted:	Medicare, Medicaid, Fidelis, Affinity, Wellcare, Hudson Health Plan, Empire Blue Cross/Blue Shield, Oxford, United Healthcare, 1199, Aetna, Beech Street, Cigna, Anthem, Healthplex, The Empire Plan (United Health), other commercial plans						
Sliding fee scale information:	Discounted fee program available for households with income between 100-200% of the Federal Poverty Level; Patient may sign a "self declaration" Contact Patient Services representatives						
Health services available:	Allergists, Behavioral Health, Child Psychiatrist, Dermatologists, Dentists (General and Pediatric), Endocrinologist, Family Practitioner, Gastroenterologist, Gynecologists, Internists, Nutritionist, Obstetricians, Ophthalmologists, Pediatricians, Podiatrists, Psychiatrists, Speech Therapists, Urologists						

Sun River Health at Haverstraw, 31 West Broad Street 3 <sup>rd</sup> Floor, Haverstraw, NY 10927 (845) 429-4499 www.hrhcare.org							
Days/Hours of Operation Primary Care hours: Dental hours:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed Closed	9:00am - 5:00pm 9:00am - 5:00pm	8:30am - 7:00pm 9:00am - 6:00pm	9:00am - 5:00pm 9:00am - 5:00pm	9:00am - 7:00pm 9:00am - 5:00pm	9:00am - 5:00pm 9:00am - 3:00pm	Closed Closed
Languages spoken by staff onsite:	English, Spanish. Phone interpretation available for all other languages.						
Insurances accepted:	Medicaid, Medicare, Hudson Health Plan, Fidelis Care, Cigna, Empire BC, Affinity, MVP, Essential plans, United Health Care. <b>Dental insurances:</b> DentaQuest, Healthplex, United Healthcare ALL CURRENT						
Sliding fee scale information:	Sliding fee scale based on income and family size for those below 200% of Federal Poverty Level. Must provide proof of income.						
Health services available:	Cancer Services, Dental, Family Planning, GYN Annual, Podiatry, Primary Care (Family Medicine), Social Work Services						

Sun River Health at Nyack, 84 N Highland Avenue, Nyack, NY 10927 (845) 770-9980 www.hrhcare.org.							
Days/Hours of Operation Primary Care hours: Urgent Care hours:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed Closed	8:00pm - 5:30pm 8:00am - 8:00pm	8:30am - 5:30pm 8:00am - 8:00pm	8:30am - 8:00pm 8:00am - 8:00pm	8:30am - 5:30pm 8:00am - 8:00pm	Closed 8:00am - 8:00pm	Closed 9:00am-5:00pm
Languages spoken by staff onsite:	English, Spanish. Phone interpretation available for all other languages.						
Insurances accepted:	Medicaid, Medicare, Hudson Health Plan, WellCare, Fidelis Care, Cigna, Empire BC, Affinity, MVP, Essential plans, United Health Care <b>Dental insurances:</b> DentaQuest, Healthplex, United Healthcare ALL CURRENT						
Sliding fee scale information:	Sliding fee scale based on income and family size for those below 200% of Federal Poverty Level. Must provide proof of income.						
Health services available:	Primary Care and Urgent Care Services						

Sun River Health at Spring Valley, 2 Perlman Drive, Suite 101, Spring Valley, NY 10977 (845) 573-9860, www.hrhcare.org							
Days/Hours of Operation: Primary Care hours: Dental Care hours:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed Closed. Refer to Haverstraw site.	9:00am - 7:00pm Closed. Refer to Haverstraw site.	8:30am - 5:00pm Closed. Refer to Haverstraw site.	9:00am - 5:00pm Closed. Refer to Haverstraw site.	9:00am - 5:00pm Closed. Refer to Haverstraw site.	9:00am - 5:00pm Closed. Refer to Haverstraw site.	8:30am - 4:30pm Closed. Refer to Haverstraw site.
Languages spoken by staff onsite:	English, Spanish, Creole. Phone interpretation available for all other languages.						
Insurances accepted:	Medicaid, Medicare, Hudson Health Plan, WellCare, Fidelis Care, Cigna, Empire BC, Affinity, MVP, Essential plans, United Health Care <b>Dental insurances:</b> DentaQuest, Healthplex, United Healthcare						
Sliding fee scale information:	Sliding fee scale based on income and family size for those below 200% of Federal Poverty Level. Must provide proof of income.						
Health services available:	Cancer Services, Dental, Family Planning, GYN Annual, Nephrology, Podiatry, Primary Care (Family Medicine), Social Work						

Cornerstone Family HealthCare at Jawonio, 260 N. Little Tor Rd., New City, NY 10956 (845) 999-3060							
Days/Hours of Operation:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed	8:00am - 5:00pm	8:00am - 5:00pm	8:00am - 5:00pm	8:00am - 5:00 pm	8:00am - 5:00pm	Closed
Languages spoken by staff onsite:	English, Sign Language Interpreter. Phone interpretation available for all other languages.						
Insurances accepted:	Medicare, Medicaid, Fidelis Care, MVP, Aetna, Cigna, Affinity. Call for further information.						
Sliding fee scale information:	Yes, based on income.						
Health services available:	Audiology, Dental (Pediatric and Adult) - currently closed but will be offering in the future, Family Medicine (Adult), Gynecology for special needs clientele, Podiatry, Psychiatry, Psychology, Social Work (for Occupational Therapy, Physical Therapy or Speech Therapy call Jawonio at (845) 708-2000).						
Special programs offered:	N/A						

Planned Parenthood Hudson Peconic, 25 Perlman Dr., Spring Valley NY 10977 (845) 426-7577 www.pphp.org							
Days/Hours of Operation:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed	9:00am-7:00pm	9:00am-5:00pm	9:00am-7:00pm	9:00am-5:00pm	9:00am-1:00pm	9:00am-4:00pm
Languages spoken by staff onsite:	English, Spanish, Creole, Phone interpretation available for all other languages, web capabilities for ASL						
Insurances accepted:	Medicaid and most private insurance programs are accepted.						
Sliding fee scale information:	Discounted fee program available for households with income between 100-200% of the Federal Poverty Level						
Health services available:	Reproductive and sexual health care services available for all, including annual GYN exams, breast exams and STI/HIV testing.						

Refuah Health Center, (845) 354-9300, www.refuahhealthcenter.com								
Days/Hours of Operation:	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Medical	9am - 12:30am	8:00am - 12:30am	8:00am - 12:30am	8:00am - 12:30am	8:00am - 12:30am	8:00am - 8pm	9pm-12:30am (for the June-Aug)
Refuah Health Center 728 N. Main Street Spring Valley, NY 10977	Dental	9am-4pm	9am-7pm	9am-7pm	9am-7pm	9am-7pm	9am - 5pm	Closed
	Medical	9am - 5pm	9:00am - 9pm	8am - 9pm	8am - 9pm	9am - 10pm	8am - 4pm	9:00pm-12:30am
Refuah Health Center 5 Twin Avenue Spring Valley, NY 10977	Dental	9am-4pm	9am-7pm	9am-7pm	9am-7pm	9am-7pm	9am - 5pm	Closed
	Medical	9am - 5pm	9:00am - 9pm	8am - 9pm	8am - 9pm	9am - 10pm	8am - 4pm	9:00pm-12:30am
Languages available onsite:	Languages may be spoken by staff or available by phone interpreters: English, Yiddish, Hebrew, French, Spanish, Russian, Polish, Filipino, Mandarin, Pakistani, Italian, Creole. Indian, Farsi Phone interpreters available for all other languages							
Insurances accepted:	All our doctors accept Fidelis and Medicaid. Many doctors, but not all, also accept many private insurances.							
Health services available:	Adult and Pediatric Endocrinology, Behavioral Health, Cardiology (Adult/Pediatric), Dental, Endocrinology (Peds), Family Medicine, Gastroenterology, Geriatrics, Internal Medicine, Laboratory (for patients), OB/GYN, ENT, Ophthalmology, Pediatrics, Podiatry, Urology, Rehabilitation (physical therapy, occupational therapy), Case Management							