

Ethnic Spices, Herbs, Cosmetics Containing Lead

Name	Region/Country	Purpose
Azarcon Also known as alarcon, coral, luiga, maria luisa , or rueda .	Mexico	Bright orange powder used to treat an upset stomach (empacho), constipation, diarrhea, vomiting, and used on teething babies. Azarcon is 95% lead.
Ayurvedic medicine	India, Pakistan, Tibet	A type of complementary and alternative medicine that may include the use of herbs and specialized diets
Al Murrah	Saudi Arabia	Colic, stomach ache, diarrhea
Anzroot	Middle East	Gastroenteritis
Ba-Baw-San	China	Herbal medicine used to treat colic pain or hyperactivity in young children.
Bali gali	Asia/India	Stomach ache
Bint al zahab	Iran, Saudi Arabia	Rock ground into a powder and mixed with honey and butter given to newborn babies for colic and early passage of meconium after birth.
Bokhoor	Kuwait	A traditional practice of burning wood and lead sulphide to produce pleasant fumes to calm infants.
Cebagin	Middle East	Teething powder
Chuífong tokuwan	Asia	Not known
Farouk	Saudi Arabia	Teething powder
Ghasard	India	Brown powder used to aid digestion.
Greta	Mexico	Yellow powder used to treat empacho (see azarcon); can be obtained through pottery suppliers, as it is also used as a glaze for low-fired ceramics. Greta is 97% lead.
Jin Bu Huan	China	An herbal medicine used to relieve pain.
Kandu	Asia/India	Stomach ache
Kohl Also known as Al Kohl	Middle East, India, Pakistan, some parts of Africa)	A gray or black eye cosmetic applied to the conjunctival margins of the eyes. Can contain up to 83% lead. It is believed to strengthen and protect the eyes against disease.

Litargirio	Dominican Republic	Yellow-peach powder used as a deodorant or to treat foot fungus. Also used to treat burns.
Lozeena		An orange powder used to color meat and rice. That contains 7.8-8.9% lead.
Pay-loo-ah	Vietnam	Red powder used to cure a rash or fever in children.
Po Ying Tan	Vietnam	Herbal medicine used to treat minor ailments in children.
Pakistani eye cosmetics		Eye cosmetics are often applied to the eyes of children.
Surma	India	A black fine powder applied to the eyes for medicinal and cosmetic reasons.
Tamarind Candy	Mexico	Tamarind candy jam products from Mexico. During the manufacturing process, the candied jam is packaged in stoneware or terra cotta ceramic jars that can leach lead.

Reference: Centers for Disease Control and Prevention. *Managing Elevated Blood Lead Levels Among Young Children: Recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention.* Atlanta: CDC; 2002.