

Directions

**Rockland County Department of Social Services
The Dr. Robert L. Yeager Health Center
Sanatorium Road, Building L and C
Pomona, NY 10970
845-364-2000**

From New York and New Jersey - Northbound

- George Washington Bridge to Palisades Interstate Parkway North
- Palisades Parkway North to Exit 11 (New Hempstead Road)
- Left at the traffic light at the end of the exit ramp
- Right at the second traffic light (Route 45)
- Continue for approximately 1/2 mile on Route 45 to the entrance of The Dr. Robert L. Yeager Health Center on the left hand side of the road
- Follow the red signs at the driveway entrances to Building L or C (Department of Social Services)

From Westchester County - Westbound

- New York State Thruway (Route 87) to the Tappan Zee Bridge
- Go over the bridge and continue to Exit 13 (Palisades Interstate Parkway North)
- Palisades Interstate Parkway to Exit 11 (New Hempstead Road)
- Left at the traffic light at the end of the exit ramp
- Right at the second traffic light (Route 45)
- Continue for approximately 1/2 mile on Route 45 to the entrance to The Dr. Robert L. Yeager Health Center on the left hand side of the road
- Follow the red signs at the driveway entrances to Building L or C (Department of Social Services)

From Orange County - Southbound

- Palisades Interstate Parkway to Exit 12 (Spring Valley/New Hempstead)
- Right onto Route 45 (South)
- Continue for approximately 7/10 of a mile on Route 45 to the entrance to The Dr. Robert L. Yeager Health Center on the right hand side of the road
- Follow the red signs at the driveway entrances to Building L or C (Department of Social Services)

From the Garden State Parkway

- New York State Thruway East to Exit 13 North (Palisades Interstate Parkway)
- Palisades Interstate Parkway to Exit 11 (New Hempstead Road)
- Left at the traffic light at the end of the exit ramp
- Right at the second traffic light (Route 45)
- Continue for approximately 1/2 mile on Route 45 to the entrance to The Robert L. Yeager Health Center on the left hand side of the road
- Follow the red signs at the driveway entrances to Building L or C (Department of Social Services)

*****If upper parking lot of Building L is full, please use lower lot by making a right out of the parking lot, then your first left.***