

Children's SPOA (Single-Point-of-Access) is the gateway for different mental health support services in Rockland County.

Our goal is to help reduce trips to the ER and other hospital visits by providing support in your home and community.

Contact Us

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Hablamos español!

For a Universal SPOA Application Visit:
Rocklandgov.com/departments/mental-health/



Children's SPOA of Rockland

Community Based
Mental Health
Supports & Services



**Rockland County
Department of
Mental Health**



How We Can Help

Sometimes a child needs more than just outpatient therapy and psychiatry. Sometimes a family and child need more support than the school alone can provide. C-SPOA can assist by providing a streamlined entry point for many supportive services in the county for youth that have a mental health diagnosis or are at risk for one. C-SPOA can help you navigate the eligibility process and all the options, and help you make the right decision for you and your family. We want to help create a team to wraparound your family. A team that will be with you through it all. A team that can connect you to services and support you in a non-judgmental manner.

Who is Eligible?

Any youth from 0-21 years of age that have a documented mental health diagnosis or may be showing signs that they are at risk for a diagnosis.

A Sneak-Peek at Services

Care Management and/or Health Home CM

- Someone to link you to and coordinate all services
- Help you and your child to create a strengths-based service plan with goals and objectives
- Support you during a crisis

Family Peer Support

- Someone with lived experience raising a youth with an emotional or behavioral challenge
- There to work with YOU, the caregiver, to support you and assist you in navigating different processes
- Someone to talk to and bounce new ideas and techniques off of

High Fidelity Wraparound (HFW)

- An evidenced based, nationally recognized care management model that empowers youth and families.
- Each family will have their own triad (Care manager, family worker and youth worker)

....and so much more!! Call us!

Child/Family Treatment Support Services (CFTSS)

An expansion to the state Continuum of Care which allows at-risk youth and those with a diagnosis to access in-home and community supports such as:

- *In-home therapy (OLP)*
- *Youth Peer Support (YPS)*
- *Skill Building (PSR)*
- *Hands on Counseling (CPST)*

Although only for Medicaid-eligible youth, there are other pathways to access these services, so call us!

If your child is at imminent risk for an out-of-home placement, we also provide assistance and information regarding Community Residences (CR) and Residential Treatment Facilities (RTF).