



What is CHORE and how can you get involved to give back to the community?

CHORE Volunteers completing minor home repairs in Rockland for Seniors 60 Years of Age or Older and People with Disabilities.

In many cases, a simple home improvement or repair – such as better lighting or a grab bar, can keep you or your loved one safe. CHORE is a resource to people living in Rockland County who are 60 years of age or older, or a person living with a disability, regardless of age or income status. CHORE helps people to maintain the independence of living at home by providing free minor household repairs and home improvements that make living at home safe.

Service examples:

- Repair lighting
- Replace light bulbs
- Install grab bars
- Install raised commode seats
- Repair/tighten handrails
- Repair stair treads
- Replace electrical outlets
- Install curtains or blinds
- Change batteries in smoke/CO detectors

Contact **BRIDGES** for more information about the CHORE Program at **845-624-1366 Ext 102** or come visit us at the Palisades Mall in West Nyack NY to learn more!

CHORE is supported by:

*Volunteers • Administration of Aging • County of Rockland
Rockland County Office for the Aging • New York State Office for the Aging*

Contributions are voluntary and confidential and are used to expand the services for which they are received. No one will be denied services because of an inability or unwillingness to contribute. Suggested contributions level equal to the cost of the service for participants who self-disclose income at or above 185% of Federal Poverty Level. Services are funded in part by the Administration on Aging, New York State Office for the Aging and the Rockland County Office for the Aging.