



DEPARTMENT OF SOCIAL SERVICES

Dr. Robert L. Yeager Health Center
50 Sanatorium Rd., Building L
Pomona, New York 10970

Joan M. Silvestri
Commissioner

Helpful Resources for Families and Individuals

Having trouble making ends meet with your budget? Not sure if you qualify for help?

*The following are programs available for working families and individuals**

MARCH 2020

HELPFUL RESOURCES FOR FAMILIES AND INDIVIDUALS

Having trouble making ends meet with your budget? Not sure if you qualify for help?
The following are programs that are available for working families. *

January 2020

Information Services

- United Way's 2-1-1 Helpline
- *Office of the Aging/NY Connects
- *Bridges
- *National Council of Jewish Women

Nutrition Programs/Services

- Eat Smart NY
- Farmers' Markets
- Food Pantries & Soup Kitchens, Kosher
- Free & Reduced School Lunch Program
- USDA National Hunger Hotline
- Supplemental Nutrition Assistance Program (SNAP); formerly called Food Stamps
- WIC (Women, Infants & Children)
- Meals on Wheels
- Moms Meals

Tax Credits /Preparation Assistance

- Child Tax Credit
- Dependent Care Tax Credit
- Earned Income Tax Credit
- Non-Custodial Parent Earned Income Tax Credit
- Veterans Property Tax Credit
- Tax Preparation assistance

Public Assistance Programs

- Child Support
- HEAP (Home Energy Assistance Program)
- Child Care Subsidy
- Temporary Assistance - MyBenefits Screening Tool

CHILD PROTECTIVE SERVICES / FAMILY AND ADOLESCENT SERVICES

- Child Protective Services
- Family and Adolescent Services

ADULT PROTECTIVE SERVICES

- Adult Protective Services

Insurance/Prescription Programs

- NY State of Health
- Medicaid

Insurance/Prescription Programs continued:

- EPIC
- Medicare Savings Program
- FAMILYWIZE Prescription Discount Card
- Rockland County Prescription Discount Program
- New York Rx Card
- Proact Prescription Drug Card
- *HIICAP

Transportation

- Taxi Voucher
- NJ Transit Reduced Fare
- TRIPS

Employment & Education

- The Senior Community Service Employment Program (SCSEP)
- Youth Bureau - Youth Employment Program/ Scholarships
- Higher Education Services Corp (HESC) Financial Aid
- Rockland County Career Center
- RACE: Rockland Adult Community Education
- Literacy Solutions NY, Inc.
- Money Management Services
- CLOTHESWORKS!...so women can

Veterans Services

- Veterans Services
- F.A.V.O.R, Veterans Discount Shopping Program
- Veterans Vocational Rehabilitation and Employment Program

Other Programs/Services

- Weatherization Assistance
- Heatsmart NY
- EmPower New York
- Orange and Rockland Neighbor Fund
- SUEZ Water Payment Assistance Program
- Telephone Assistance Program - Lifeline
- Cell Phone Assistance Programs
- Star Program
- Homeless Eviction Prevention
- Foreclosure Prevention Program

*** Indicates New Resources added to list since last publication**

INFORMATION ON HEALTH AND HUMAN SERVICES

Program/Description	Eligibility	How to Apply/Contact Information
<p>2-1-1 United Way's 2-1-1 Helpline is a free, confidential, multilingual service to assist the public in finding answers to a variety of Health and Human Services related questions. The service is free and can accommodate 180 languages. It is open 365 days a year.</p>	<p>No eligibility requirements</p>	<p>No application necessary. Call # 211 Available 24/7 For further information: Web site: http://www.hudson211.org/cms/ E-Mail: 211info@hudson211.org Contact Details United Way of Rockland County, Inc. M&T Bank 135 Main Street, 2nd Floor Nyack, NY 10960-3115 Phone: (845) 358-8929 Fax: (845) 358-8250</p>
<p>OFFICE OF THE AGING Assist older residents & their families with information about available programs for seniors.</p> <p>NY CONNECTS What is NY Connects? NY Connects is a trusted place that gives you information about available options whether you are paying for services yourself, through insurance, or are eligible for government programs.</p>	<p>Age 60 and older</p> <p>Who does NY Connects serve?</p> <ul style="list-style-type: none"> • Anyone who needs information on long term services and supports • A child or an adult with a disability • An older adult • Family members and caregivers • Friends or neighbors • Helping professionals 	<p>For further information please contact: Office of the Aging 50 Sanatorium Road Building B Pomona, NY 10970 Phone: (845) 364-2110</p> <p>http://rocklandgov.com/departments/aging/</p> <p>NY Connects</p> <ul style="list-style-type: none"> • NY State Office for the Aging Helpline: Phone: 1-800-342-9871 Web Site: www.nyconnects.ny.gov • NY Connects - Rockland County: Phone: 1-845-364-3444 E-Mail: nyconnects@co.rockland.ny.us
<p>BRIDGES BRIDGES help people with disabilities to self-determine their own lives and works to overcome barriers, stigma, indifference, and the quiet prejudice of low expectations.</p>	<p>Individuals with disabilities</p>	<p>For further information:</p> <p>BRIDGES 873 Route 45 Suite 108 New City, NY 10956</p> <p>Phone: (845) 624-1366 https://www.bridgesrc.org/</p>

<p>NATIONAL COUNCIL OF JEWISH WOMEN NCJW NY currently provides a wide array of community services for those in need, including: Hunger Program Council Lifetime Learning Healthy Living Pregnancy Loss Support Program Lunch, Interaction, Nurturing, & Companionship Back 2 School Store Children’s Literacy Program Home Instruction Program for Parents of Preschool Youngsters KnitWits Jewish Women’s Resource Center Jackson-Stricks Scholarship</p>	<p>New Yorkers from all walks of life, from all racial and religious backgrounds, and all services are non-sectarian.</p>	<p>For further information: National Council of Jewish Women New York Rockland County Section New City, NY ncjwrockland.org 845-405-3331 info@ncjwrockland.org Facebook</p>
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NUTRITION PROGRAMS/SERVICES

Program/Description	Eligibility	How to Apply
<p>EAT SMART NY – A nutrition education program that assists families with planning and preparing healthy meals and teaching good shopping habits.</p>	<p>Available to SNAP and WIC applicants/recipients.</p>	<p>For Further information: Contact Cornell Cooperative Extension of Rockland at 845-429-7085. Additional information can be found at: http://rocklandcce.org/food-nutrition/cooking-nutrition-classes https://otda.ny.gov/programs/nutrition/</p>
<p>FARMERS’ MARKETS – Rockland County has eight local Farmers’ Markets that sell locally grown fruits and vegetables during summer/fall months. One indoor/winter market located in Nyack, NY, Open all year.</p>	<p>Farmers’ Markets are open to everyone. You may be eligible for WIC Vegetable & Fruit Checks or Senior Coupons. Eligibility is based on income.</p>	<p>Contact Dept. of Health at 845-364-2577 for WIC Vegetable & Fruit Checks http://rocklandgov.com/departments/health/programs-and-services/nutrition/farmers-markets/ Contact Office for the Aging at 845-364-2115 for Senior Coupons. Contact the Dept. of Health at 845-364-3612 to see which Farmers’ Market accepts SNAP. Additional information and locations of Farmers Markets can be found at: http://www.rocklandhunger.org/rockland-county-farmers-markets/</p>
<p>FOOD PANTRIES/SOUP KITCHENS – Rockland County has approximately 50 Food Pantries that provide food to needy individuals and families. Many also operate Soup Kitchens where residents can sit for a hot meal.</p>	<p>Many Food Pantries/Soup Kitchens are open to all residents regardless of income. However, some have eligibility guidelines. Call before you go.</p>	<p>A list of food pantries feeding programs locations can be found at Rockland Community Against Hunger http://www.rocklandhunger.org/food-pantries-feeding-programs/</p>

<p>FOOD PANTRIES/SOUP KITCHENS Continued: KOSHER</p>		<p>Kosher: https://rjfs.org/rhoda-bloom-kosher-food-pantry/ Rhoda Bloom Kosher Food Pantry Phone #354-2121 X140 https://www.tomcheshabbos.org/ Tomche Shabbos of Rockland 845-357-5885 ext. 1</p>
<p>FREE AND REDUCED PRICED LUNCH – A Federal program that provides free and reduced priced school lunches for students. <i>*Some districts/schools also serve breakfast.</i></p>	<p>Based on annual income & family size. Free Meals: 130% of FPL; Reduced Priced Meals: between 130% and 185% of FPL.</p>	<p>Applications can be obtained from your school district. Additional information can be found at: https://www.fns.usda.gov/school-meals/child-nutrition-programs</p>
<p>USDA National Hunger Hotline Operated by Hunger Free America The clearinghouse aids low-income individuals or communities by providing food assistance and other nutrition and social services information, serving as an important tool in combating hunger and promoting economic mobility. Summer Food Program information available May-August</p>	<p>Low income individuals and communities.</p>	<p>USDA National Hunger Hotline 1-866-3-HUNGRY or 1-877-8-HAMBRE Text: Text “97779 www.Hungerfreeamerica.com</p>
<p>SNAP (Supplemental Nutrition Assistance Program/formerly Food Stamps) A federal program that assists low-income households in meeting their food needs. See page #19 and #20 for standards and link to prescreening tool</p>	<p>Based on household annual income calculated at 130% of the FPL. See #19 & #20 SNAP income levels are higher for those who are disabled.</p>	<p>To apply: (1) On-line at www.myBenefits.ny.gov (2) Mail to Dept. of Social Services/SNAP Unit, Robert L. Yeager Health Center, 50 Sanatorium Road. Building L, Pomona, NY 10970 (3) Drop off an application at Dept. of Social Services/SNAP Unit, Robert L. Yeager Health Center, 50 Sanatorium Road. Building L, Pomona, NY 10970. Monday – Thursday 8:00am - 10:30am. Applications available at the Dept. of Social Services. Phone # SNAP: (845) 364-3032</p>

<p>WIC (WOMEN, INFANTS & CHILDREN) PROGRAM A free, Federally-funded special supplemental nutrition program for women who are pregnant or nursing, breastfeeding post-partum women, and for children under five.</p> <p>WIC (WOMEN, INFANTS & CHILDREN) PROGRAM Continued:</p>	<p>Based on annual income calculated at 185% of FPL and family size. WIC is for pregnant women (or teens), children up to 5 years old, mothers of babies up to 6 months old, and breastfeeding mothers of babies up to 12 months old.</p>	<p>Applications are available at the Department of Health, WIC Office, Robert Yeager Health Center, Building J, Sanatorium Road, Pomona, NY. For more information, call 845-364-2577 or call one of the WIC offices below:</p> <ul style="list-style-type: none"> • Monsey WIC - (845) 426-6351 - 23 Robert Pitt Drive, Suite 103, Monsey - Monday to Friday 8am-4pm Mon, Tues, Wed, Thurs, 8am -5pm Fri • Spring Valley WIC - (845) 426-0971 English or (845) 426-0972 Spanish - 14 South Main Street, Spring Valley - Tuesdays, Wednesdays and Fridays. • Haverstraw WIC - (845) 429-5525 - 26 New Main Street, Haverstraw - Wednesdays and Thursdays • New Square WIC - (845) 364-3329 - 9 Jackson Avenue, New Square - Mondays, Tuesdays and Thursdays • Nyack WIC - (845) 353-6037 - 58 Depew Avenue, Nyack – Mondays 8:30am – 2:00pm <p>https://rocklandgov.com/departments/health/programs-and-services/wic-women-infants-and-children/</p>
<p>MEALS ON WHEELS Meals on Wheels deliver nutritious meals to any Rockland resident who cannot shop or cook for themselves due to illness, physical disability or advanced age. Program Options</p> <ul style="list-style-type: none"> • Weekend meal service and a lunch only program are also available. • There are different fees for lunch only and Kosher meal programs. <p>Therapeutic and mechanically altered diets are accommodated.</p>	<p>No one will be denied access to meal service because of his/her inability to contribute towards the cost of meals. However, there may be a waiting list for public or privately subsidized meal service.</p>	<p>To determine eligibility or for more information about Home Delivered Meals services please call (845) 624-6325 Monday-Friday 9-5</p> <p>https://www.mowrockland.org/</p>

<p>MOM'S MEALS Fresh made and fresh delivered meals. Individual choice of over 60 meals. Special diet menus: Diabetic, Gluten free and Vegan. Uses "Fresh-Lock" technology to keep the food fresh for up to 14 days.</p>	<p>Some eligibility requirements</p> <ul style="list-style-type: none"> • Are you over 65? • Are you disabled? • Do you require assistance with grocery shopping and/or preparing meals? • Are you on Medicaid/Medicare or a member of a Health Insurance Plan that offers a paid meal benefit? <p>Can you say yes to any of these questions? If so, you might qualify for government or health plan assistance and have Mom's Meals Nourish Care delivered at little or no cost to you.</p>	<p>Call NY Connects (845) 364-2109 to complete an application Monday-Friday 9-5</p> <p>For additional information about Mom's Meals: http://www.momsmeals.com/</p>
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TAX CREDITS/PREPARATION ASSISTANCE

Program/Description	Eligibility
<p>CHILD TAX CREDIT – Federal tax credit for taxpayers raising dependent children.</p>	<p>Visit www.irs.gov to use an on-line eligibility assistant or contact the IRS Information Hotline at 800-TAX-1040.</p> <p>Further information can be found at: https://www.irs.gov/site-index-search?search=Child+Tax+credit&field_pup_historical_1=1&field_pup_historical=1</p> <p>Contact NYS Dept. of Taxation & Finance at 1-518-457-5181 or visit www.tax.ny.gov for eligibility information.</p>
<p>CHILD AND DEPENDENT CARE TAX CREDIT – Federal benefit is a tax credit; NYS benefit is a refundable tax credit - for working people who pay for child or dependent care. The Credit is also available if you paid for the care of a spouse or a dependent of any age who is physically or mentally incapable of self-care.</p>	<p>Visit www.irs.gov to use an on-line eligibility assistant or contact the IRS Information Hotline at 800-TAX-1040.</p> <p>Further information can be found at: https://www.irs.gov/credits-deductions/individuals/child-and-dependent-care-information</p> <p>Contact NYS Dept. of Taxation & Finance at 1-518-457-5181 or visit www.tax.ny.gov for eligibility information.</p>
<p>EARNED INCOME TAX CREDIT (EITC) - The Federal and State Earned Income Tax Credits are refundable tax benefits for working people with low or moderate incomes.</p>	<p>Visit www.irs.gov to use an on-line eligibility assistant or contact the IRS Information Hotline at 1-800-TAX-1040.</p> <p>Further information can be found at: https://www.irs.gov/credits-deductions/individuals/earned-income-tax-credit</p> <p>Contact the NYS Dept. of Taxation & Finance at 1-518-457-5181 or visit www.tax.ny.gov for eligibility information. To claim the state EITC, you must have qualified and claimed the Federal EITC.</p>

<p>NON-CUSTODIAL PARENT EARNED INCOME TAX CREDIT – Earned Income Tax Credit for low-income working non-custodial parents.</p>	<p>Must be non-custodial parent, 18 years old or over, has Child Support order through NY Child Support Unit for at least one half of the year, and has paid 100% of current child support due for one year.</p> <p>Further information can be found at: https://www.tax.ny.gov/pit/credits/nceic.htm</p> <p>Contact the NYS Dept. of Taxation & Finance at 1-518-457-5181 or visit www.tax.ny.gov</p>
<p>ROCKLAND COUNTY VETERANS PROPERTY TAX CREDIT Veterans Tax Credit</p>	<p>Contact the Assessor's Office in the town in which you live.</p>
<p>PREPARATION ASSISTANCE – Provides free tax preparation to income eligible residents and Senior Citizens.</p>	<p>Must be filing tax return. United Way of Rockland coordinates with AARP. Contact United Way of Rockland at 845-358-UWAY or visit www.uwrc.org</p>



PUBLIC ASSISTANCE PROGRAMS

Program/Description	Eligibility	How to Apply
<p>CHILD SUPPORT Establishes paternity and court ordered child support. Enforces existing orders and enforces child support as outlined in divorce & separation agreements.</p>	<p>Child(ren) must be under the age of 21.</p>	<p>Rockland County Department of Social Services 50 Sanatorium Road - Building C, Pomona, NY Contact the Child Support Helpline at 1-888-208-4485. https://www.childsupport.ny.gov/dcse/home.html</p>
<p>HEAP (HOME ENERGY ASSISTANCE PROGRAM) Helps residents with low incomes pay their utilities and/or fuel bills.</p>	<p>Based on gross monthly income of <u>ALL</u> household members. This federally funded program provides a utility payment benefit directly to the utility service provider for low income, elderly and/or disabled.</p>	<p>Rockland County Department of Social Services 50 Sanatorium Road - Building L, Pomona, NY Contact the Dept. of Social Services at 845-364-3480 during the HEAP season, which generally runs from November through March. Senior citizens and the disabled should contact the Office for the Aging at 845-364-2108. Applicants can also visit www.myBenefits.ny.gov and apply on line. Outside the HEAP season, call 845-364-3480 for emergency assistance for utilities.</p>

<p>CHILD CARE SUBSIDY Helps pay the cost of childcare so a parent or caretaker can go to work. For children between the ages of 6 weeks through 12 years.</p>	<p>Based on annual income calculated at 200% of FPL and family size. Single parent/two parent households must be employed. *Additional eligibility criteria apply.</p>	<p>DSS Child Care Subsidy Unit Robert L. Yeager Health Center, 50 Sanatorium Road. Building L, Pomona, NY 10970. Contact the Dept. of Social Services at 845-364-3797 Monday-Friday 9-5. You will be screened initially by telephone and given an appointment for an in-person interview.</p>
<p>TEMPORARY ASSISTANCE Temporary help to needy men, women and children that are unable to work or are working in a job that pays less than the poverty level.</p>	<p>An interview is needed to determine eligibility.</p>	<p>Robert L. Yeager Health Center, 50 Sanatorium Road. Building L, Pomona, NY 10970. Monday Thru Thursday 8:00am - 10:30am MYBENEFITS SCREENING TOOL - On-line screening tool for NYS residents for multiple human services. www.myBenefits.ny.gov</p>

CHILD PROTECTIVE SERVICES / FAMILY AND ADOLESCENT SERVICES

Program/Description	Eligibility	How to Apply
<p>ROCKLAND COUNTY DSS Robert L. Yeager Health Center, 50 Sanatorium Road. Building C Pomona, NY 10970. CHILD PROTECTIVE SERVICES: Investigative and Family Assessment Response (FAR) Child Protective Services (CPS) is responsible for investigating and/or assessing safety on all reports of suspected child abuse and/or maltreatment of children under the age of 18.</p>	<p>Children under the age of 18</p>	<p>For more information about Rockland County Department of Social Services: http://rocklandgov.com/departments/social-services/ Reports of child abuse or neglect are made by calling the New York State Central Registry at 1-800-342-3720 Mandated reporters call 1 800 635-1522 <u>Emergency / Immediate Danger call 911</u></p>
<p>FAMILY AND ADOLESCENT SERVICES Family Services' staff provide in-home assessments, casework counseling, and case management services to Rockland County children and their families without regard to income. The goal is to strengthen families to prevent disruption and subsequent placement of children into foster care. Services are voluntary except when ordered by Family Court in cases of abuse, neglect, or custody matters.</p>	<p>Adolescents and families with children under the age of 18</p>	<p>Referrals to Family and Adolescent Services please call (845) 364-3050 After hours please call: Rockland County Sherriff at (845) 638-5400 <u>Emergency / Immediate Danger call 911</u></p>

ADULT PROTECTIVE SERVICES

<p>ROCKLAND COUNTY DSS Robert L. Yeager Health Center 50 Sanatorium Road. Building C, Pomona, NY 10970.</p> <p>ADULT PROTECTIVE SERVICES (APS) Protective Services for Adults (PSA) is a program to assist adults, age 18 or over, who because of mental or physical impairments cannot provide for their basic need for food, clothing, shelter, or medical care, or protect themselves from neglect, abuse, or hazardous conditions in a reasonable manner.</p>	<p>Adults over the age of 18. Services are provided without regard to income and are based on the guiding principles of the individual's rights to self-determination and the least restrictive alternatives.</p>	<p>For more information about Rockland County Department of Social Services: http://rocklandgov.com/departments/social-services/</p> <p>To make a referral to Adult Protective Services please call : (845) 364-3571 or Email: APSRockland@dfa.state.ny.us</p> <p>After Hours please call: Rockland County Sherriff at (845) 638-5400</p> <p><u>Emergency / Immediate Danger call 911</u></p>
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INSURANCE / PRESCRIPTION PROGRAMS		
Program/Description	Eligibility	How to Apply
<p>NEW YORK STATE OF HEALTH (NYSOH) – Marketplace for individuals, families and small businesses (fewer than 50 employees) to purchase health insurance, including Child Health Plus. NYSOH also processes Medicaid applications for: (1) Adults (not pregnant ages 19-64 (2) Individuals not eligible for Medicare (3) Pregnant women and infants (4) Children ages 1-18 (5) Parents and caretaker relatives.</p>	<p>Eligibility is based on many variables, contact the NYSOH for information.</p> <p>** Some financial assistance is available for eligible applicants.</p> <p>** The Insurance Marketplace replaces the Family Health Plus and Healthy NY Programs.</p>	<p>Contact NY State of Health Hotline 1-855-355-5777 or apply online at www.nystateofhealth.ny.gov</p> <p>You can apply for Child Health Plus coverage through the New York State of Health Marketplace: https://nystateofhealth.ny.gov/</p>

<p>MEDICAID - A Federal/State health insurance program that helps individuals & families (working or unemployed) who cannot afford to pay for medical care. Rockland County Dept. of Social Services processes Medicaid applications for any of the individuals listed: (1) Medicare recipients (2) Those needing help paying Medicare premiums and/or co-pays (3) the Disabled (4) Persons 65 years or older who are not caretakers for children under 21 years of age (4) Children applying for specialized waiver programs (5) Those needing help paying for the cost of Home Care, Assisted Living Facility or Nursing Home Care</p>	<p>Eligibility is based on many variables. Contact the Dept. of Social Services (DSS) to see if you qualify.</p>	<p>Applications can be picked up at the front desk of the Dept. of Social Services or downloaded at www.health.ny.gov/health_care/medicaid/#apply</p> <p>Download the following four items: (1) Medicaid Application, (2) Instructions, (3) Supplement A, and (4) Documents Needed.</p> <p>(1) Mail/drop off application to Dept. of Social Services, Medicaid Unit, 50 Sanatorium Rd., Bldg. L, Pomona NY 10970, OR (2) Apply in person Tues, Wed or Thurs from 8:00-10:30 a.m.</p> <p>Contact DSS at 845-364-3040 for additional information. DSS also provides counseling for NY State of Health Insurance Applications.</p>
<p>EPIC (Elderly Pharmaceutical Insurance Coverage Program) - A free state program that helps income-eligible seniors aged 65+ to supplement their out-of-pocket Medicare Part D drug plan costs. EPIC also provides supplementary drug coverage for Part D covered drugs and Part D excluded drugs purchased while in the Medicare Part D coverage gap.</p>	<p>Must be NYS resident age 65+ and enrolled or eligible to be enrolled in a Medicare Part B Plan. Offers two plans: The Fee Plan is for members with income up to \$20,000 if single or \$26,000 if married. The Deductible Plan is for members with incomes ranging from \$20,001 to \$75,000 if single or \$26,001 to \$100,000 if married.</p>	<p>Contact Office for the Aging at 845-364-2118 for application assistance.</p> <p>Contact 1-800-332-3742 (TTY 1-800-290-9138) for more information or to request an application.</p> <p>For more information: https://www.health.ny.gov/health_care/epic/index.htm</p>
<p>MEDICARE SAVINGS PROGRAM</p>	<p>Medicare Recipient</p>	<p>For more information: https://www.medicare.gov/your-medicare-costs/get-help-paying-costs/medicare-savings-programs</p>
<p>FAMILYWIZE Prescription Discount Card</p> <p>Free nationwide prescription card that provides discounts on prescription drugs.</p>	<p>A prescription discount card that is accepted at pharmacies nationwide, including major chains and independents. FamilyWize has partnered with these pharmacies to provide you with the lowest possible price on your prescription drugs.</p>	<p>For participating pharmacies call 1 877 435-7977</p> <p>For more information: https://familywize.org/free-prescription-discount-card</p>
<p>ROCKLAND COUNTY PRESCRIPTION DISCOUNT CARD - Provides a prescription discount if you do not have insurance or if a drug is not covered by your insurance.</p>	<p>Available to all residents; however, you cannot use the card if your insurance covers the prescription.</p>	<p>For more information: Call 845-364-3571 to apply for a Rockland County Prescription Discount Card.</p>

<p>New York Rx Card</p>	<p>As a resident of New York, you and your family have access to a statewide Prescription Assistance Program (PAP).</p>	<p>For more information https://newyorkrxcard.com/</p>
<p>PROACT Prescription Drug Card This program has been developed by your County Executives and the County Legislatures to help lower the prescription drug cost for County residents. There is no charge to you or the County to belong to this program. This card was designed to be used if you do not have insurance or if something is not covered by your current insurance program. This card cannot be used in conjunction with another insurance program in order to discount your co-pays or deductible.</p>		<p>For more information: 1-877-776-2285 http://www.proactrxsavings.com/</p>
<p>HIICAP Health Insurance Information, Counseling, and Assistance Program HIICAP provides you and your loved ones with information, education and counseling about Medicare and other health insurances.</p>	<p>Administered locally through Rockland county Office of the Aging.</p>	<p>http://rocklandgov.com/departments/aging/health-insurance-information/</p>

TRANSPORTATION

Program/Description	Eligibility	How to Apply
<p>MEDICAL TAXI PROGRAM</p>	<p>Rockland residents 60 and older who need transportation to and from their medical appointments may receive discount coupons by providing proof of residency and age.</p>	<p>Office of the Aging 845-364-2115 8:30pm-4:30pm Monday - Friday http://rocklandgov.com/departments/aging/transportation/</p>
<p>NJ TRANSIT REDUCED FARE CARD / REDUCED FARE COUPONS</p>	<p>Senior citizens 62 and older and people with disabilities may take advantage of the reduced fare at any time on trains, buses and light rail vehicles by showing a valid ID (any ID or document printed with your date of birth and issued by a government, social service, or mass transportation agency, including a NJ Transit Reduced Fare ID).</p>	<p>Reduced fare coupons may be obtained at the Office for the Aging or the Department of Public Transportation. For information call: 845-364-2110 http://rocklandgov.com/departments/aging/transportation/</p>

<p>T.R.I.P.S.</p>	<p>Trips is a curbside-to-curbside paratransit bus service for Rockland County residents who are physically or mentally disabled or senior citizens 60 and over who find it difficult or impossible to use fixed-route bus service. T.R.I.P.S. is a shared-ride transportation system.</p>	<p>For information call: 845-364-2110 http://rocklandgov.com/departments/aging/transportation/</p>
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EMPLOYMENT & EDUCATION

<p>Program/Description</p>	<p>Eligibility</p>	<p>How to Apply</p>
<p>The Senior Community Service Employment Program (SCSEP)</p>	<p>The program provides paid, part-time temporary work experience at government or non-profit agencies (community service assignments) for low-income Rockland job seekers who are 55 and older. Trainees are paid at least the current minimum wage through Federal or State grant funds.</p>	<p>For additional Information: http://rocklandgov.com/departments/aging/senior-employment/</p>
<p>YOUTH BUREAU</p> <p>YOUTH EMPLOYMENT PROGRAM The program will operate Monday, Tuesday, Wednesday and Thursday from 9:30 – 3:00 p.m. July and August</p> <p>YOUTH BUREAU SCHOLARSHIPS</p>	<p>Rockland County youth ages 14-21 are eligible for the program if they meet one or more of the following criteria:</p> <ul style="list-style-type: none"> a. Foster b. Aging Out of Foster Care Youth c. PINS (Persons In Need of Supervision) d. Youth on Probation e. Out of School Youth (under 21 without a diploma) f. Parenting Teens g. Income Eligible: i. Public Assistance ii. Food Stamps iii. Medicaid iv. HEAP (Home Energy Assistance Program) v. Social Security Income vi. Meet Income Standards 	<p>Criteria based on a demonstrated commitment to volunteer service in the community.</p> <p>For additional Information: http://rocklandgov.com/departments/youth-bureau/youth-employment-programs/</p> <p>For additional Information: http://rocklandgov.com/index.php?cID=687</p>
<p>HIGHER EDUCATION SERVICES CORP. (HESC) – Provides information on forms of financial aid available to help finance your education, including tuition assistance programs, grants and scholarships.</p>	<p>Contact HESC for eligibility information.</p>	<p>Contact HESC at 1-888-697-4372 or visit www.hesc.ny.gov</p>

<p>ROCKLAND COUNTY CAREER CENTER The Rockland County Career Center supports the adult, dislocated, and youth population in Rockland County in their transition to obtaining employment by providing job search assistance, innovative training programs, workshops and other services. All services are free of charge.</p>	<p>The program serves adults, dislocated, and youth population in Rockland County. Priority of Service: *First order of priority will be given to Veterans and/or low-income adults, and then dislocated workers as deemed by WIOA.</p>	<p>Hours: Monday – Friday, 8:30 AM – 4:30 PM Phone: (845) 406-6450 Locations 145 College Road Brucker Hall, Room 6104 Suffern, NY 10901 37 West Broad Street Haverstraw, NY 10927 For additional Information: http://rocklandcountycareercenter.org/</p>
<p>RACE: Rockland Adult Community Education – Learning for Life RACE focuses on expanding adult career pathways providing students multiple opportunities, from entry-level, noncredit courses to mid-skill level certificate degree programs. Coursework is aligned with in-demand occupations in the Lower Hudson Valley region in response to the needs of local business and industry.</p>	<p>Short Term Job Training, Adult career & Technical Education, Professional and Continuing Education, youth Connections, Practical Nursing, ESOL, High School Equivalency, Business /Industry training.</p>	<p>For additional Information: https://www.rocklandboces.org/adult-education-business-services/</p>
<p>LITERACY SOLUTIONS NY, INC Provides literacy services including one to one tutoring, ESOL classes, Case management and, under its newest program the Rockland Office for New Americans, offers assistance with citizenship and immigration issues.</p>	<p>No cost to participants of this program. The program is county wide. Tutoring offered to individuals who are over the age of 16 who have left school and adults.</p>	<p>For additional Information: http://literacysolutionsny.org/ Rockland County Administrative Office: 63 New Main Street Haverstraw NY 10927 Phone: 845-499-5464 New City Center: 220 North Main Street New City, New York, 10956 Phone: 845-708-9072</p>
<p>MONEY MANAGEMENT SERVICES</p>	<p>Individual and group workshops provide money management services to individuals interested in improving their knowledge and skills in household financial matters. The program covers topics such as budgeting, tips for cutting expenses, financial goal setting, banking, credit and debt.</p>	<p>For additional information: https://www.ccsrockland.org/programs-and-services/money-management-services/ Catholic Charities 78 Hudson Avenue Haverstraw, NY10927 (845) 942-5791 M-F 9am-5pm</p>

<p>CLOTHESWORKS !... so women can</p>	<p>Clothesworks' mission is to provide women in need with an appropriate outfit for a job interview or job training program. A second outfit is supplied once employment is secured or upon completion of a job training program. With these garments, Clothesworks strives to afford women in transition the opportunity to build confidence in order to succeed in the workforce.</p>	<p>For additional information: http://clothesworks.org/ Catholic Charities 78 Hudson Avenue Haverstraw, NY 10927</p>
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VETERANS SERVICES

Program/Description	Eligibility	How to Apply
<p>Veterans Services Veterans of the United States armed forces may be eligible for a broad range of programs and services provided by the VA. Eligibility for most VA benefits is based upon discharge from active military service under other than dishonorable conditions, and certain benefits require service during wartime. If you are new to the VA, the Federal Benefits for Veterans, Dependents and Survivors booklet will help you get started.</p> <p>Health Care VA's health care offers a variety of services, information, and benefits. As the nation's largest integrated health care system, VA operates more than 1,400 sites of care, including hospitals, community clinics, community living centers, domiciliaries, readjustment counseling centers, and various other facilities.</p> <p>Benefits & Services VA administers a variety of benefits and services that provide financial and other forms of assistance to Veterans, their dependents, and survivors. Major benefits include Veterans' compensation, Veterans' pension, survivors' benefits, rehabilitation and employment assistance, education assistance, home loan guaranties, and life insurance coverage.</p>	<p>Veterans or family members/caregivers.</p>	<ul style="list-style-type: none"> - County of Rockland Veteran's Service Agency at 845-638-5244 or visit: www.rockvets.com - NYS Division of Veterans' Affairs at 1-888-838-7697 or visit www.veterans.ny.gov - Veterans services: https://www.va.gov/landing2_vetsrv.htm

<p>Burial and Memorials Burial and memorial benefits are available for eligible service members, Veterans, reservists, National Guard members, and eligible family members. Service include interment, headstones and markers, and Presidential memorial certificates. VA operates 128 national cemeteries in the United States and Puerto Rico, together with oversight and management of 33 soldiers' lots, confederate cemeteries, and monument sites.</p>		
<p>The F.A.V.O.R. program (Return the Favor Discount Program) highlights hundreds of local businesses offering discounts exclusively for veterans. A veterans' ID card for the discounts is easily obtained at the Rockland County Clerk's office in New City, New York.</p>	For veterans	<p>See link to County Clerk's Office: http://rocklandgov.com/files/4114/7576/7500/FAVORprog.pdf</p>
<p>VETERANS VOCATIONAL REHABILITATION AND EMPLOYMENT PROGRAM</p>	For veterans and service members.	<p>For additional Information: https://www.benefits.va.gov/vocrehab/index.asp https://veterans.ny.gov/content/vocational-rehabilitation-and-employment-program</p>

OTHER PROGRAMS/SERVICES

Program/Description	Eligibility	How to Apply
<p>WEATHERIZATION ASSISTANCE - Helps income-eligible families and individuals by reducing their heating and cooling costs and improving the safety of their homes through energy efficiency measures.</p>	May be eligible if receiving SSI, Temporary Assistance, SNAP/Food Stamps, HEAP.	<p>Contact Rockland Community Development Council at 845-352-1400 ext. # 3240 Monday – Friday 10am – 3pm For additional Information: http://www.nyshcr.org/Programs/WeatherizationAssistance/</p>
<p>HEATSMARTNY - A public awareness program to help New Yorkers prepare for the winter season.</p>	Information available to all NY residents.	<p>Contact 1-877-NY-SMART (1-877-697-6278) or visit https://cmsapps.nyserda.ny.gov/homeheating for simple, affordable ways to use energy wisely and cut energy costs. This program also offers a bi-lingual outreach and education campaign with public service announcements, as well as a series of HeatSmartNY workshops across the State.</p>

<p>EmPower NEW YORK EmPower New York provides no-cost energy efficiency solutions to income-eligible New Yorkers. Whether you own your home or rent, a participating contractor will be assigned to you to assess if your home would benefit from free energy upgrades</p>	<p>Income eligibility information available on web site. https://www.nyserda.ny.gov/All-Programs/Programs/EmPower-New-York</p>	<p>Application available on web site https://www.nyserda.ny.gov/All-Programs/Programs/EmPower-New-York</p>
<p>ORANGE AND ROCKLAND NEIGHBOR FUND The Neighbor Fund provides emergency home-heating grants to customers of Orange & Rockland no matter what type of fuel is used.</p>	<p>Experiencing a temporary financial crisis. No age limits or income guidelines</p>	<p>Generally available October/ November thru April/May. https://www.oru.com/en/accounts-billing/payment-assistance/ny-neighborhood-fund</p>
<p>SUEZ WATER PAYMENT ASSISTANCE PROGRAM</p>	<p>The Salvation Army administers the program on behalf of SUEZ. Evaluates applications and distributes grants under this program.</p>	<p>For additional Information: http://www.suezcares.org/ The Salvation Army - Spring Valley-SUEZ Cares- NY 179 North Main Street Spring Valley, NY 10977Salvation Army (845) 352-9577</p>
<p>TELEPHONE ASSISTACE PROGRAM LIFELINE SERVICES - Discounts for both wireless and home telephone service are available for income eligible residents through your local telephone provider.</p>	<p>May be eligible if receiving Temporary Assistance, SNAP/ Food Stamps, SSI, or a veteran's pension.</p>	<p>(888) 641-8722 - For more Information Visit https://www.fcc.gov/general/lifeline-program-low-income-consumers - Verizon customers should call 1-800-837-4966 for information and an application. - AT&T customers should call 1-800-288-2747 for further information. - Customers with other telephone providers should contact their provider directly.</p>
<p>CELL PHONE ASSISTANCE PROGRAMS Provides eligible households with a free cell phone, Unlimited 911 and monthly minutes of free talk time.</p>	<p>Enrollment in this government benefit program is available to individuals who qualify based on federal or state-specific eligibility criteria. You may qualify for Assurance Wireless if you participate in any of the following government programs</p> <ul style="list-style-type: none"> • Medicaid • Food Stamps / Supplemental Nutrition Assistance Program (SNAP) • Supplemental Security Income (SSI) • National School Free Lunch Program (NSLP) 	<ul style="list-style-type: none"> • SAFELINK – 1(800) SAFELINK www.safelinkwireless.com • ASSURANCE WIRELESS 1 (888) 321-5880 www.assurancewireless.com • XCHANGE TELECOM, INC (1877) 853-3443 www.xchangetele.com

<p>CELL PHONE ASSISTANCE PROGRAMS Continued:</p>	<ul style="list-style-type: none"> • Temporary Assistance for Needy Families (TANF) • Section 8/Federal Public Housing Assistance • Low-Income Home Energy Assistance Program (LIHEAP) • Veterans/Survivor Pension benefit 	
<p>STAR PROGRAM</p> <p>Important information for STAR exemption recipients If your income is greater than \$250,000 and less than or equal to \$500,000 If you currently receive the Basic STAR exemption and your income is between \$250,000 and \$500,000, the program is changing for you. If eligible, you will now receive a check for the STAR credit instead of the reduction on your school tax bill. If you receive a letter asking you to update your STAR registration (Form RP-425-RDM), see <u>Switching to the STAR credit from the STAR exemption</u>.</p> <p>If your income is \$250,000 or less If you currently receive the STAR exemption, you can choose to register for the STAR credit to receive a check instead; you may receive a greater benefit. See <u>Switching to the STAR credit from the STAR exemption</u> to make the switch.</p>	<p>Basic STAR</p> <ul style="list-style-type: none"> • available for owner-occupied, primary residences • the income limit for the Basic STAR credit is \$500,000 (the income limit for the Basic STAR exemption is \$250,000) • based on the first \$30,000 of the full value of a home <p>Enhanced STAR</p> <ul style="list-style-type: none"> • provides an increased benefit for the primary residences of senior citizens (age 65 and older) • the income limit for the Enhanced Star benefit is \$86,300 or less for the 2019-2020 school year • based on the first \$68,700 of the full value of a home for the 2019-2020 school year • Enhanced STAR recipients are now required to enroll in the Income Verification Program (IVP). 	<p>For more information: https://www.tax.ny.gov/pit/property/star/eligibility.htm</p> <p>Or contact the Assessor's Office in the town in which you live.</p> <p>Enhanced star income verification: https://www.tax.ny.gov/pit/property/star/ivp.htm</p>
<p>HOMELESSNESS / EVICTION PREVENTION</p> <p>Case management and emergency relief funds assist those facing eviction. One-time financial assistance may also be available to individuals that have emergency basic needs, such as utility bills, furniture, funeral assistance, prescriptions, etc. Emergency relief funds are limited by availability.</p>	<p>Offers case management and emergency relief funds to assist those facing a housing crisis</p>	<p>https://www.ccsrockland.org/programs-and-services/homelessness-eviction-prevention/</p> <p>Catholic Charities 78 Hudson Avenue Haverstraw, NY 10927 (845) 942-5791</p>

<p>FORECLOSURE PREVENTION PROGRAM RHAC-Rockland Housing Action Coalition Counselors can assist in explaining options available. These may include: Refinancing, Repayment plans or loan modification.</p>	<p>The foreclosure prevention program is available to all New York residents regardless of income, mortgage type or value of home. Services are completely free of charge.</p>	<p>http://rhachomes.org/</p> <p>Online intake form: http://rhachomes.org/wp-content/uploads/2018/02/RHACFC2018.pdf</p> <p>For more information: http://rhachomes.org/foreclosure-prevention/</p>
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Federal Poverty Level Guidelines

2020 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA	
Persons in family/household	Poverty guideline
For families/households with more than 8 persons, add \$4,480 for each additional person.	
1	\$12,760
2	\$17,240
3	\$21,720
4	\$26,200
5	\$30,680
6	\$35,160
7	\$39,640
8	\$44,120

Supplemental Nutrition Assistance Program (SNAP) Standards

As of October 1, 2019, the Supplemental Nutrition Assistance Program standards are as follows:

Household Size	Standard Deduction
1	\$167
2	\$167
3	\$167
4	\$178
5	\$209
6+	\$240

The minimum allotment for one and two-person households is \$16 (Increase)

Maximum Excess Shelter Deduction:	\$569 (increase)
Homeless Shelter Deduction:	\$152.06 (increase)
Boarder/Lodger Exclusion:	\$194 (increase) for 1 and \$355 for 2 (increase)

Household Size	200% of Poverty	Monthly Income Elderly/Disabled Separate/Household 163% of Poverty	Gross Monthly Income 150% of Poverty	Maximum Gross Monthly Income 130% of Poverty	Maximum Net Monthly Income 100% of Poverty	Maximum Allotment
1	\$2,082	\$1,718	\$1,562	\$1,354	\$1,041	\$194
2	\$2,818	\$2,326	\$2,114	\$1,832	\$1,410	\$355
3	\$3,555	\$2,933	\$2,667	\$2,311	\$1,778	\$509
4	\$4,292	\$3,541	\$3,219	\$2,790	\$2,146	\$646
5	\$5,028	\$4,149	\$3,772	\$3,269	\$2,515	\$768
6	\$5,765	\$4,757	\$4,324	\$3,748	\$2,883	\$921
7	\$6,502	\$5,364	\$4,877	\$4,227	\$3,251	\$1,018
8	\$7,238	\$5,972	\$5,429	\$4,705	\$3,620	\$1,164
Each Add'l Member	\$737	\$608	\$553	\$479	\$369	\$146

Standard Utility Allowances (SUA Standards)

Geographic Area	HT/AC SUA	UTIL SUA	PHONE SUA
NYC	\$800	\$316	\$30
Nassau & Suffolk	\$744	\$292	\$30
Rest of State	\$661	\$268	\$30

SNAP: Pre Screening Tool

<https://www.snap-step1.usda.gov/fns/>