

Caregiver Respite Program



CAREGIVERS NEED CARE, TOO

Rockland County Office for the Aging's Respite Program is available for individuals 60 and older who live in Rockland County and currently have a caregiver. The program provides caregivers with time to care for themselves. Relief is offered in one of two ways:

- **A week-long stay at an assisted living facility**
- **Forty hours of home care services provided by a home health aide**

This program is free and subject to availability/funding.

Call **(845) 364-3444** for information.

Rockland County Office for the Aging

50 Sanatorium Road, Building B
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(845) 364-2110 or (845) 364-2100

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