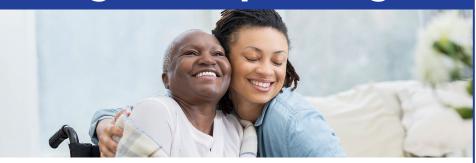


Caregiver Respite Program



CAREGIVERS NEED CARE, TOO

Rockland County Office for the Aging's Respite Program is available for individuals 60 and older who live in Rockland County and currently have a caregiver. The program provides caregivers with time to care for themselves. Relief is offered in one of two ways:

- A week-long stay at an assisted living facility
- Forty hours of home care services provided by a home health aide

This program is free and subject to availability/funding.

Call (845) 364-3444 for information.

Rockland County Office for the Aging

50 Sanatorium Road, Building B Pomona, NY 10970

(845) 364-2110 or (845) 364-2100 ofa@co.rockland.ny.us