

PRESENTS

# Zumba!



**Register for our winter 2024 Zumba series!**

**Tuesday & Thursday — 2:30 to 3:30 p.m.**

- Jan 16
- Jan 18
- Jan 23
- Jan 25
- Jan 30
- Feb 1
- Feb 6
- Feb 8
- Feb 13
- Feb 15
- Feb 20
- Feb 22
- Feb 27
- Feb 29
- Mar 5
- Mar 7

**Palisades Center**

**4th FL - Joe & Cay Raso Room**

1000 Palisades Center Dr., West Nyack, NY 10994

***Reservation required. Space is limited.***

Call **845-364-2110** to reserve your spot!

***For Rockland County residents, 60 years and over***

***Please come prepared:***

- *Comfortable attire*
- *Appropriate footwear*
- *Water for hydration*