

Caregiver/Counseling services are available to seniors from a variety of agencies:

[Alzheimer's Association Hudson Valley Chapter](#)

24/7 Helpline 1-800-272-3900

- Care Consultations
- Caregiver Support Groups
- Conferences & Symposiums
- Educational Programs
- Safety Services
- Social Programs

[Rockland County Sheriff's Office](#)

(845) 638-5400

- Silver Alert Registry

[Rockland Jewish Family Service](#)

Older Adult Services and Alzheimer's Support

(845) 354-2121 x198

- Caregiver Support
- Counseling
- Educational Programs
- Outreach Support

[United Hospice](#)

(845) 634-4974

- Bereavement & Grief
- Hospice Care
- Hospice Residence
- Nursing Home Care

[Volunteer Counseling Services](#)

Services for Older Adults & their Families

(845) 634-5729

- Caregiver Support Groups
- Life transitions Group
- Older Adults Counseling

Adult Day Care – Social Model

Social adult day services programs provide care in a supervised group setting within the community to older adults who are frail or have disabilities. Services include socialization activities, supervision and monitoring, and nutrition.

- [Centro de Amigos Adult Day Center](#)
 - (845) 553-9777
- [Circle of Friends of Rockland](#)
 - (845) 517-4944
- Senior Community Services, Inc.
 - (845) 354-7779

Adult Day Care – Medical Model

The medical model provides comprehensive medical, therapeutic, and rehabilitation day treatment.

- [Northern Metropolitan Adult Day Care](#)
 - (845) 352-9000 x414
- [Summit Adult Day Health Center](#)
 - (845) 243-5000