

PRESENTS

Zumba!



Register for our fall 2024 Zumba series!

Select Tuesdays — **2:30 to 3:30 p.m.**

- Oct 29
- Nov 12
- Nov 19
- Nov 26
- Dec 3
- Dec 10
- Dec 17
- Dec 3
- Dec 10
- Jan 7
- Jan 14
- Jan 21
- Jan 28
- Feb 4

Palisades Center
4th FL - Joe & Cay Raso Room
1000 Palisades Center Dr., West Nyack, NY 10994

Reservation required. Space is limited.

Call **845-364-2100** to reserve your spot!

For Rockland County residents, 60 years and over

Please come prepared:

- *Comfortable attire*
- *Appropriate footwear*
- *Water for hydration*